


Einstiegstest

Name: \_\_\_\_\_ Klasse: \_\_\_\_\_ Datum: \_\_\_\_\_

### 1. Listening: Actionwork

 You will hear part of a radio programme in which Brian Williams interviews Roanna Burton about 'Actionwork'. For questions 1–5, choose the answer which fits best according to what you hear.

#### 1. What audience does TOLF address?

- adults in their 30s
- teenagers**
- elderly people

#### 2. What media does 'Actionwork' use to promote its ideas?

- print media
- radio and the Internet
- movies and plays**

**3. Since when has ‘Actionwork’ been active?**

- since 1919
- since 2003
- since 1990**

**4. ‘Actionwork’ deals with a lot of different problems. Which of these problems is NOT mentioned in the interview?**

- cyber bullying**
- peer pressure
- illegal substances

**5. In how far my bullying change the victims’ character?**


- They may turn aggressive later in life.
- They may become self-centered and selfish people.
- They may be frightened and stop trusting themselves.**

## Tapescript: Actionwork

- RA Welcome to TOLF, your radio station for today's younger generation. Hey, I am Brian Williams and this is "Top Story of the Week". With me today is Roanna Burton, a member of the 'Actionwork' staff, a Theatre and Film in Education company. They are in the middle of planning their 8<sup>th</sup> National Anti-Bullying Conference in the UK, taking place in November ... Hi Roanna, welcome to TOLF, I'm glad you're with us today.
- RO Hello Brian, thanks for inviting me. I'm really happy to be here too.
- RA Could you tell us what it basically is that you do at 'Actionwork'?
- RO As you already said, we are a Theatre and Film in Education company and as such try to promote empowerment and reduce bullying and violence in schools. It is high quality work that we produce in a number of different media. You could actually get very detailed information about our activities on our website if you want to.
- RA I will surely check that one out later. Em ... Since when has 'Actionwork' been around?
- RO 'Actionwork' was founded in 1990 by Andy Hickson. And since then a great variety of extremely talented and committed performers, directors, choreographers, filmmakers and facilitators have been creating the best in film and theatre in education.
- RA That sounds just great! Uhm, what are ... uhm ... what are some of the issues that you tackle with your performances?
- RO Well, there's really quite a range of issues ... uhm ... that we deal with. Everything that has to do with young people ... starting with bullying and racism, then ... drugs, relationships, teenage pregnancy or peer pressure. It's basically everything and anything that affects young people's lives.
- RA ... and now you are planning your 8<sup>th</sup> National Anti-Bullying Conference, taking place from the 15<sup>th</sup> to the 19<sup>th</sup> of November.
- RO Yes, and we are already really excited about that! Since we first started with this conference in 2003, we have been attracting more and more people with our event. They are coming from everywhere, even from abroad. It's become a huge thing and we are really proud of it. It clearly shows us that more and more people are becoming aware of the different kinds of bullying that are out there, harming people ... destroying lives.
- RA "We are giving young people a voice" is what I read in your latest brochure about your very special and still unique annual conference.
- RO This is actually our main aim! We are reaching out to both, victims and perpetrators, those who suffer and those who make others suffer. We want them to share their story with us and by doing so, give them the opportunity to reflect upon their experiences and actions.
- RA So, you are saying you also care about the bullies?
- RO Well, there is always a reason why people bully others. I mean, even though there is no excuse for it, there is ALWAYS a reason, and we need to work with the bullies too.
- RA What could that be, for example?

- RO It's basically about the bullies feeling strong and powerful. Something has happened in their life that makes them search for the feeling of unlimited power because otherwise they feel inferior and unimportant. Very often it's negative experiences they have had at home or at school.
- RA But we must not forget about the victims either!
- RO Of course not!!! It's them who often end up incredibly unhappy, insecure and even depressed. Victims of bullying are frequently filled with fear ... too afraid to leave the house ... not capable of going to school or work. And what's even worse is that such people develop very low self-esteem. They often think they deserve all the bullying, which is, of course, absolutely wrong.
- RA Thank you, Roanna! This has been very informative and exciting so far.
- RO You are very welcome!
- RA 'Actionwork' – The world's leading theatre and film company dealing with bullying and violence! More on that after the break ... *(fade out)*

## 2. Listening: Mike Baker

 You will hear part of a radio report in which Mike Baker talks about his career as a ski jumper. For statements 1–6, choose the correct answer (True or False) which fits best according to what you hear.

### 1. School kept Mike very busy.

- True
- False**

### 2. Skiing fascinated him from the very beginning.

- True**
- False

### 3. His uncle was a ski jumper himself.

- True**
- False

4. Mike had to stop ski jumping for 2 years because his family moved to another city.

True

**False**

5. While he attended the National Sport School, he had the chance to travel a lot.

**True**

False

6. He will definitely take part in the next Winter Olympics.

True

**False**

## Tapescript: Mike Baker

Hi, my name is Mike Baker. I was born in Thunder Bay, Ontario. Doing sports has been extremely important to me ever since I was a kid. In winter I usually played hockey and in summer soccer. I have to say I kept my parents pretty busy with all the extra curricular activities I was engaged in outside of school.

It wasn't until I was 11 years old, however, that I tried alpine skiing for the very first time at Mount Mackay. It was part of our 'skiing in schools' program. I was hooked from the start. Seriously, I couldn't think about anything else. I can still remember receiving my very own Dynastar skis and blue boots for Christmas. This was most definitely my favorite Christmas present of all time.

A year later my uncle offered to take me to my first ski jump. When he was younger, he was part of a semi-professional team of ski jumpers in Ottawa. Because of the stories he told me, I had always wanted to try that. December 21 was the big day. Hook, line, and sinker. Today I consider this the beginning of my life. Unfortunately, I had to quit for about two years because I was also part of a hockey team, and the two activities together took up too much time. It didn't take me long to realize that something was missing in my life, though, and after this 2-year-break I left the hockey team to join the Thunder Bay ski jumper team.

I trained really hard, spent every minute I had on the ski jump. It finally paid off when I turned 15 and was asked to join the National Ski Jumping team. Then my parents and I decided that I would attend the National Sport School in Calgary. The school was founded to support young Canadian athletes and give them the chance to train and travel both within the country and abroad, while still going to school. At the age of 18 I graduated from NSS with an Advanced Diploma.

The following years I lived through some tougher times, losing my father to a heart attack. Ski jumping was the only thing that kept me going. Even though I tried my very best, I didn't qualify for the Winter Olympic Games in Vancouver in 2010, which is okay considering that I am only 22 years old now.

My goal for the next four years is to take my profession to the next level, work with the best coaches available in my country and then be among the athletes who will be part of the next Olympic Games.

### 3. Reading: How to improve your performance at school

**You are going to read a text on improving your performance at school. For questions 1–5, choose the answer which fits best according to what you read.**

At the beginning of a new school year many students plan on doing better at school than the year before. While they are very motivated at first, they often do not know how to get good grades in the long run. Here's a list of the most useful strategies.

**Be active in all your classes.** While it is very important to attend your classes regularly and pay attention to what your teachers say, it is even more important to actively participate in what is going on. Ask questions, make it known if you don't understand something, take part in class discussions, and share your experiences and opinions with your classmates and teachers.

**Take good notes.** Being able to take good notes is vital not only at school but also at work later on. It starts with being a good listener who is able to identify the most important information. Key points and definitions as well as diagrams should be noted down. Since you are busy during the lesson and do not have that much time to revise your notes, make sure you take a second look at them at home. Re-write them if necessary. A good structure can help you a great deal as soon as you have to study the material.

**Master your teachers.** You have probably noticed already that every teacher has their own style of teaching and system of grading. It is important to keep that in mind when preparing for any kind of exam and doing your homework. Make sure you know what they want and try to meet their expectations. Communicating with them is important too. Remember that they are also people who sometimes have problems understanding something. If you let them know that you are struggling, they might be able to help.

**Be organized.** You should not only organize your notes but also your daily schedule. Keep a diary on exam dates and homework assignments as well as presentations and papers. Plan enough time to prepare for all of them and do not try to do five different things at one time. It helps to concentrate on the more difficult things first and keep the easier ones for later. If you use your time wisely, it definitely pays off later on. You can then avoid feeling stressed and do your school work one step at a time. Still don't forget to take breaks on a regular basis.

**Be a good test-taker.** Your grades depend to a great extent on getting good results on exams. If you have known your teacher for a while you should know what to expect. For new teachers you could try to get copies of old tests and exams. Go to the test well-prepared ..... you can relax and completely focus on the tasks presented to you. Read the instructions carefully and ask any questions you might have before the test begins. It's crucial that you really understand what you have to do to perform well on the tasks. Normally you don't get the same number of points for each task, so make sure you do the ones with the highest number of points first.

**Stick to our suggestions and you will improve your grades for sure! 😊**

**1. According to the text, what is the most important thing you should do to be active in your classes?**

- go to your classes regularly
- be attentive at all times
- learn how to listen
- take part in the lesson**

**2. Why should you have another look at your notes after the lesson?**

- to include diagrams and definitions
- to check whether you have written down everything
- to structure and organize your notes well**
- to write them down a second time

**3. "Be organized. [...] If you use your time wisely, it definitely pays off later on. [...]"**  
**What is the meaning of the phrase "to pay off" in this context?**

- You are in a better situation later on.**
- You have to do several things at a time later on.
- You are more stressed out later on.
- You have nothing to do later on.

4. “**Be a good test-taker.** [...] Go to the test well-prepared ..... you can relax and completely focus on the tasks presented to you.”

**Two words are missing in the text. Choose the words that fit best.**

because so

**so that**

for that

then so

5. **Who is this text written for?**

students who have problems with their teachers

students who want to learn how to take notes

**students who want to do well at school**

students who have problems at home because of school

#### 4. Reading: Worlds apart

You are going to read two texts about computers and the Internet. For statements 1–8, choose the answer (True, False or Not given) which fits best according to what you read.

**ATSU** “Most people in my country do not have a computer of their own. For starters, it’s not exactly cheap to buy and maintain one. Compared to Western countries, the ones you get here are quite expensive. I bought mine, which is a rather big one, about a year ago as a second-hand computer. Around here in Mozambique you don’t get to see a lot of iPads or netbooks.

Second, access to the Internet can be problematic. I, for example, have to get up around 4 in the morning if I want to have reliable and fast service. Access happens via dial-up and as soon as there is a great number of people surfing the net at the same time, the connection slows down dramatically. Even under the best conditions I have to keep in mind my 128Kbps bandwidth.

For those who do not have Internet access at home or who cannot afford a computer in the first place, cyber cafés have become extremely popular places. Even I sometimes use them. As a journalist I depend on Internet access to be informed about what is happening around the world. Web logs in particular are very useful because they allow news to travel fast and reach lots of different people.”

**YON** “We have seven computers at home. Two of them are mine, my husband has two as well and each of our three kids has their own. I prefer using the laptop when travelling; at home I usually work on the desktop.

Life without a computer or Internet access would be impossible for me. I have been using and working on the computer for about two decades now and I am amazed at the incredible developments in terms of size, RAM and speed at which data can be processed. Especially at work the computer comes in very handy when accessing all sorts of information and contacting people. There is no longer any need to rifle through files and I can provide my boss with up-to-date figures and numbers within minutes. At home I generally use the computer to stay in touch with family and friends. My son spends most of his time playing online games. My younger daughter uses hers for educational purposes, and our youngest loves chat rooms and social networks.

While seven computers in one household may be an exception in other countries, it’s typical for a South Korean family. Here lots of people have computers and a quarter of all inhabitants use high-speed Internet.”

1. In Mozambique you cannot buy iPads or netbooks.

- True
- False**
- Not given

2. To use the Internet in Mozambique you must get up at 4.

- True
- False**
- Not given

3. The connection gets worse when more people are online.

- True**
- False
- Not given

4. Journalists frequently use cyber cafés.

- True
- False
- Not given**

5. Yon says that the laptop is easier to use on a trip.

- True
- False
- Not given**

6. She exclusively uses the computer to stay in contact with business partners.

- True
- False**
- Not given

7. None of her children use the computer for school.

- True
- False**
- Not given

8. 25% of all people in South Korea have high-speed Internet access.

- True**
- False
- Not given

### 5. Writing: An argument (a diary entry)

**You have just had an argument with one of your parents. Both of you got very angry and upset. You are now in your room. To calm down you write about the conflict in your diary.**

Make sure to include the following points:

- how the conflict began
- what it was about
- how it stopped
- what you are planning to do next