

Test 1

Name: _____ Klasse: _____ Datum: _____

1. Listening: Boys at school

 You will hear part of a radio interview with 15-year-old Bill about school. For questions 1–5, choose the answer which fits best according to what you hear.

1. What have recent studies shown?

- Girls are as good as boys at school.
- Boys do better at school than girls.
- Girls produce better results than boys.

2. When will the School Improvement Officer be on air?

- the next day
- later that day
- some time next week

3. In secondary school, how did Bill deal with his workload?

- He did not work hard enough.
- He gave up quickly.
- He tried to manage the pressure.


4. How did his bad marks affect his opinion about school?

- They did not affect his opinion at all.
- He started to dislike school.
- He was annoyed by his teachers' reaction.

5. Was Bill the only boy in his class with problems?

- There were a few boys facing the same problems.
- Bill was the one having the biggest problems.
- Most of the boys in his class had the same problems.

2. Listening: Hip hop

 You will hear part of a radio interview about hip hop. For statements 1–7, choose the answer (True or False) which fits best according to what you hear.

1. The radio guest's name is Karen Easton.

- True
- False

2. Hip hop started in one particular area of New York City.

- True
- False

3. In hip hop five stylistic elements are mixed together.

- True
- False

4. Hip hop is not the same as rap.

- True
- False

5. A lot of music genres come from African music.

- True
- False

6. The radio guest Karen is not coming back after the break.

- True
- False

7. The people at block parties liked funk and soul music.

- True
- False

3. Reading: Package holidays

You are going to read a text on package holidays. For questions 1–5, choose the answer which fits best according to what you read.

Package holidays

Package holidays, also known as package tours, are a holiday combination of transport and accommodation generally geared toward travelers favoring mass tourism. These package holidays usually include services like a rental car or different sorts of activities or trips during the holidays. They are generally organized by tour operators, and marketed and sold to consumers by travel agents. While some travel agents work for tour operators, others are independent.

In the majority of cases, tourists make use of charter airlines to travel to foreign countries. Flights provided on a charter basis are generally more expensive but at the same time more convenient for travelers because they operate outside normal schedules.

Thomas Cook was the first person to offer a package tour of Europe in 1855 after organizing what could be considered an early form of package holiday in 1841, namely a return trip between Leicester and Loughborough. By the beginning of the 1870s, Cook was in the position to offer tours all over the world, but only for small groups of tourists.

Vladimir Raitz, co-founder of the Horizon Holiday Group and father of the modern British package holiday, pioneered mass package holidays abroad via charter airlines. In 1950, he offered an all-inclusive holiday in Corsica, departing from Gatwick airport. Eleven paying customers took part in his inaugural flight and enjoyed a holiday consisting of a return ticket, tented accommodation on the beach and tasty food.

At the time, a return flight to Nice, for instance, was £70, the equivalent of approximately £1.700 these days. In the 1960s, only ten years after the first mass package holiday had been offered, more and more people in the UK could afford to travel abroad, always enjoying a well-prepared combination of flight, transfers and accommodation.

At the beginning of the twenty-first century, travelers started avoiding package holidays and concentrating on traveling with budget airlines and taking care of their accommodation themselves. In the UK, the decline in package holidays resulted in the consolidation of the tour operator market, which is now ruled by a few big tour operators, including Thomson Holidays, Thomas Cook AG and First Choice.

As a considerable number of flight and holiday companies filed for bankruptcy and the hidden costs of no-frills flights – such as extra charge for heavy baggage or check-in at the airport instead of online check-in – kept increasing, travelers wanted financial security, which helped package holidays see a new boost in 2009. An increase in last-minute bookings has also made package holidays more popular again.

1. What role do travel agents play with regard to package holidays?

- They exclusively work for tour operators.
- They organize package holidays.
- They offer package holidays.

2. What is the main benefit of charter flights?

- They are more flexible.
- They follow normal schedules.
- They are cheaper.

**3. “Vladimir Raitz [...] pioneered mass package holidays abroad via charter airlines.”
What does “*pioneer*” mean in this context?**

- He was the first to transport package holiday travelers.
- He was the first to offer all-inclusive holidays.
- He was the first to organize package holidays for large groups.

4. What led to a decrease in package holidays at the beginning of the new millennium?

- The market was controlled by a small number of big tour operators.
- Tourists took more action in organizing their own holidays.
- The number of budget airlines offering cheap flights increased.

5. Why did travelers return to booking package holidays a few years later?

- Because many holiday companies and airlines closed down.
- Because package holidays had become cheaper.
- Because package holidays did not produce additional costs.

4. Reading: Eating disorders in teenagers

You are going to read a text on eating disorders in teenagers. For statements 1–6, choose the answer (True or False) which fits best according to what you read.

Eating disorders in teenagers

With the onset of puberty, children turn into teenagers and a period called adolescence begins. Adolescence is the time between puberty and young adulthood, in which the young human body undergoes important physical and mental changes.

To form the basis for normal development and growth, teenagers do not only need constant support, understanding and time to reflect on themselves and their actions, but also a lot of healthy high-quality food. Their bones grow quickly and, depending on the teenagers' growing needs, they should consume high calorie foods.

In Western society in particular, more and more teenagers harm their bodies instead of taking good care of them. One problem a great number of teenagers but also young adults are facing today are eating disorders, which affect the human body negatively. Eating disorders are now considered the third most common chronic disease, especially in young women. The number of people affected has been rising dramatically in the past three decades. If not treated as early as possible, complex illnesses may be a consequence.

An eating disorder, in general, is a condition characterised by abnormal eating behaviour that may involve either too little or too much food intake. While there are quite a number of different eating disorders, anorexia nervosa and bulimia nervosa are the most common ones in young people.

People who starve themselves suffer from anorexia nervosa. The weight loss such people experience is extreme and normally 15% below their normal body weight. The main problem with anorexic people is that, regardless of how thin they are, they always believe that they are too fat. Their fear of gaining weight makes them do excessive exercise, take in laxatives or refuse to eat at all.

Bulimia nervosa is an eating disorder characterised by a combination of refusing to eat and taking in loads of food in a very short period of time. Feelings of guilt, weakness and low self-esteem are often the result of excessive food intake. In order to compensate for these bad feelings, bulimic people try to get rid of the food they have eaten, either by throwing up or by using laxatives.

Teenagers suffering from eating disorders frequently have to deal with serious medical consequences, such as growth retardation, abnormal weight and pubertal delay. Girls in particular have to face irregular or even absent menstruation. Eating disorders can also lead to a loss of body fat, muscle mass as well as bone mineral when the human body is growing. Moreover, there might be abnormalities with regard to one's levels of vitamins, minerals and other trace elements. These problems do not go away when entering adulthood. In fact, they get worse.

Apart from the medical consequences, eating disorders go hand in hand with psychological and emotional problems. People, especially teenagers, suffering from eating disorders often isolate themselves. They also fall easy victim to feelings of anxiety, low self-worth and depression. Regardless of whether one addresses the physical or the psychological consequences of eating disorders, both of them are destructive and affect people's quality of life extremely negatively.

1. Teenagers should avoid meals with a high calorie count.

- True
- False

2. The amount of people suffering from eating disorders is slowly increasing.

- True
- False

3. An eating disorder is connected to an excessive intake of food.

- True
- False

4. Anorexic people have a wrong image of their own body.

- True
- False

5. People suffering from eating disorders have more problems the older they get.

- True
- False

6. Bulimic and anorexic people often turn away from social contacts.

- True
- False

7. Writing: On holiday in Malta

You are on holiday in Malta with your parents. To keep your friends updated, you decide to write a blog entry of about 190 words and post it on your homepage describing your experiences so far.

Make sure to include the following points:

- arrival and trip to the hotel
- weather
- description of the hotel and food
- activities