

## Unit 3 – EASY Reading

### THE WORLDS'S MOST EXTREME SPORTS

*Usually, an extreme sport is very dangerous. Examples are volcano boarding, train surfing, extreme slacklining, zorbing and powerbocking.*

#### Volcano boarding

Racing down a volcano at over 80 km/h with only a board under your feet is very extreme. The volcano boarders wear protective suits, elbow pads and helmets.

#### Train surfing

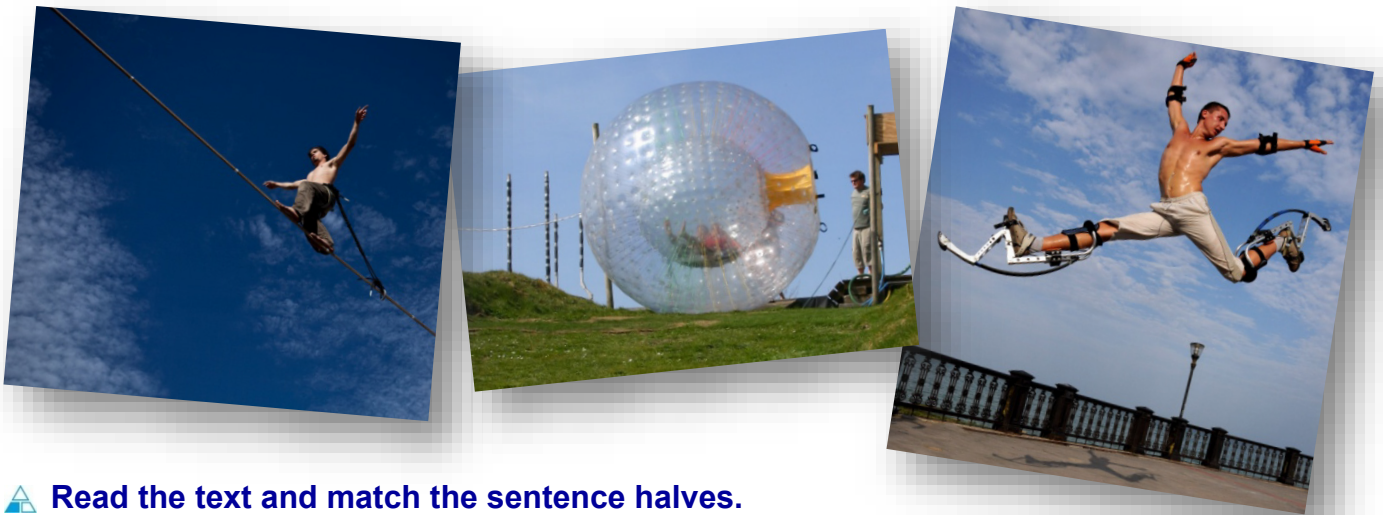
Train surfing is illegal. People climb on a train and surf on it while it is moving. It is very dangerous. Many young people die every year.

#### Extreme slacklining

A slackline is a piece of nylon. People walk on it, normally between two trees. Extreme slackliners walk from one mountain peak to another.

**Zorbing:** People are rolling down a hill inside a big plastic ball.

**Powerbocking:** People use Poweriser stilts to jump and run.



#### Read the text and match the sentence halves.

- |                                  |  |
|----------------------------------|--|
| 1 ___ An extreme sport           | A on a train and surf on it.                 |
| 2 ___ The volcano boarders wear  | B people are rolling down a hill.            |
| 3 ___ People climb               | C people use Poweriser stilts.               |
| 4 ___ Extreme slackliners walk   | D is very dangerous.                         |
| 5 ___ Zorbing is a sport where   | E from one mountain peak to another.         |
| 6 ___ When they are powerbocking | F protective suits, elbow pads and helmets.. |

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