

Unit 01: Discovery

VOCABULARY 01 Extreme sports

You are going to read a text about extreme sports. Some words are missing from the text. Use the word in brackets to form a word that fits in the gaps (1–9). Write your answers in the spaces provided at the end of the text. The first one (0) has been done for you.

Extreme sports

Nowadays there seem to be more and more people who strive to achieve the extraordinary because they need to feel the adrenaline rushing through their body. That's why a growing number of people are turning to extreme sports, which is a clear **(0)** ... **(indicate)** of what people are seeking today: adventure and change.

New extreme sports keep emerging all the time and adrenaline junkies can choose from a wide (Q1) ... (vary) of activities. With the increasing number of people turning to extreme sports, the accidents happening in sports are (Q2) ... (tragic) rising as well. However, such accidents are not very likely to put off adventure (Q3) ... (seek).

People's lives have become so busy that for many of them free time has become extremely precious. And when they have some time off, they want a complete break from their (Q4) ... (day) routine, not just a few relaxing hours at home on the couch. It's all about totally (Q5) ... (get) your mind off the office.

The question is: What counts as extreme? While some people are convinced that extreme has got something to do with a certain risk of death, the more modern view of it is that it is about sports and (Q6) ... (active) that people deeply enjoy and that are (Q7) ... (thrill). Such activities test both self-reliance and confidence, especially when competing against each other. (Q8) ... (compete) who turn to extreme sports feel urged to go past their own limits and also past those (Q9) ... (restrict) that other people put on them.

| 0 | indication | Q5 | |
|----|------------|----|--|
| Q1 | | Q6 | |
| Q2 | | Q7 | |
| Q3 | | Q8 | |
| Q4 | | Q9 | |



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VOCABULARY 02 Following the Amazon river

You are going to read a text about Ed Stafford, a man who walked along the Amazon River. In most lines of the text there is a word that should not be there. Write that word in the space provided after each line. Four to six lines are correct. Indicate these lines with a tick (\checkmark). There are two examples at the beginning.

Following the Amazon River

| It's the stressful times that we live in that will make many people ask for | will | 0 |
|--|----------|-----|
| more. They want to feel as themselves again, they want to live life to the | as | 00 |
| fullest, and they want to achieve that what they think they deserve. | | Q1 |
| Ed Stafford, a former British Army captain, for example, did just that | | Q2 |
| when he walked 4,000 miles from the Southern Peru to the Atlantic | | Q3 |
| Ocean, following the Amazon River from at its source to its mouth in | | Q4 |
| Brazil. Stafford began on his expedition in April 2008 and finished it 859 | | Q5 |
| days later in August 2010. He started to the journey together with his | | Q6 |
| friend Luke Collyer who had had to leave after three months. Gadiel | | Q7 |
| "Cho" Sanchez Rivera soon became the man to accompany Stafford on | | Q8 |
| the entire way. Ed Stafford, who had retired from the British Army as a | | Q9 |
| captain in 2002, had already led on a couple of expeditions worldwide, | | Q10 |
| before he had finally decided that he wanted to be the first man to walk | | Q11 |
| the entire 4,000 mile length of the Amazon River in all South America. | | Q12 |
| Apart from his wish to achieve something that incredible and almost | | Q13 |
| impossible, Stafford was driven to by his aim to inspire other people. | | Q14 |
| With what he did he wanted to motivate people to make them realise | <u>.</u> | Q15 |
| that they can really turn their dreams into the reality. | | Q16 |
| | | |



VOCABULARY 03 Extraterrestrial life

Complete the text with the words from the list. There are two extra words that you should not use.

| belonging | blessed | comes | existing | going | have |
|-----------|---------|-------|----------|--------|------|
| include | know | prove | refer | search | talk |

Extraterrestrial life

| The word "extraterrestrial" | from the Latin words "extra", which | | | |
|--|--|--|--|--|
| means "not of", and "terrestris", which is " | to earth". Everything that | | | |
| does notits roots on eart | h is therefore considered extraterrestrial life. | | | |
| The various forms of extraterrestrial life | bacteria-like organisms as | | | |
| well as human-like beings that are thought to be more sophisticated and advanced than we | | | | |
| are. So far we are not in the position to | whether such forms of life | | | |
| exist. Scientists, for example, | for evidence of unicellular life | | | |
| within the Solar System | | | | |
| Regular people most commonly | about aliens and the appearance of | | | |
| UFOs when they to extr | aterrestrial life. There are, in fact, a lot of | | | |
| people who believe that the Earth can, by no me | ans, be the only planet | | | |
| with life. | | | | |



Answer key

VOCABULARY 01

Extreme sports

| 0 | indication |
|----|------------|
| Q1 | variety |
| Q2 | tragically |
| Q3 | seekers |
| Q4 | daíly |
| | |

| Q5 | getting |
|------------|--------------|
| Q 6 | actívítíes |
| Q7 | thríllíng |
| Q8 | competitors |
| Q9 | restrictions |

VOCABULARY 02

Following the Amazon river

| | | · · · · · · · · · · · · · · · · · · · |
|--|--------------|---------------------------------------|
| It's the stressful times that we live in that will make many people ask for | will | 0 |
| more. They want to feel as themselves again, they want to live life to the | as | 00 |
| fullest, and they want to achieve that what they think they deserve. | that | Q1 |
| Ed Stafford, a former British Army captain, for example, did just that | √ | Q2 |
| when he walked 4,000 miles from the Southern Peru to the Atlantic | the | Q3 |
| Ocean, following the Amazon River from at its source to its mouth in | at | Q4 |
| Brazil. Stafford began on his expedition in April 2008 and finished it 859 | on | Q5 |
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| friend Luke Collyer who had had to leave after three months. Gadiel | had | Q7 |
| "Cho" Sanchez Rivera soon became the man to accompany Stafford on | \checkmark | Q8 |
| the entire way. Ed Stafford, who had retired from the British Army as a | \checkmark | Q9 |
| captain in 2002, had already led on a couple of expeditions worldwide, | on | Q10 |
| before he had finally decided that he wanted to be the first man to walk | had | Q11 |
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| that they can really turn their dreams into the reality. | the | Q16 |
| | | |

English Unlimited 4/5

VOCABULARY 03 Extraterrestrial life

The word "extraterrestrial" ___ *comes* __ from the Latin words "extra", which means "not of", and "terrestris", which is "__*belonging* _ to earth". Everything that does not ___ *have* ___ its roots on earth is therefore considered extraterrestrial life.

The various forms of extraterrestrial life ___ *include* ___ bacteria-like organisms as well as human-like beings that are thought to be more sophisticated and advanced than we are. So far we are not in the position to ___ *prove* ___ whether such forms of life exist. Scientists, for example, __*search* __ for evidence of unicellular life __*existing* __ within the Solar System. Regular people most commonly ___*talk* ___ about aliens and the appearance of UFOs when they __*refer* __ to extraterrestrial life. There are, in fact, a lot of people who believe that the Earth can, by no means, be the only planet __*blessed* __ with life.

Not used: going, know